TWELFTH ANNUAL

Upper Extremity Tutorial Course

The Viceroy Hotel
Snowmass Village, Colorado

February 7-11, 2016

Reconstructive Surgery of the Shoulder, Elbow and Wrist

An intimate didactic and hands-on laboratory course with limited registration

Presented by: Hand Rehabilitation Foundation
Sponsored by: University of Colorado School of Medicine Office of Continuing Education
Endorsed by: American Association of Hand Surgery
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>4:30</td>
<td>Welcome A. Lee Osterman, MD</td>
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<tr>
<td>4:35</td>
<td>Managing Biceps/Labral Complex Pathology - Fix, Cut or Tenodese? Neal C. Chen, MD</td>
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<td>4:55</td>
<td>Questions/Discussion</td>
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<tr>
<td>5:00</td>
<td>How-to Video: Tenodesis Techniques - Arthroscopic PITT and Interference Screw, Open Pectoral Kevin D. Plancher, MD</td>
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<td>5:10</td>
<td>The Irreparable Rotator Cuff Tear</td>
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<td>- Arthroscopic Management: Mark D. Lazarus MD</td>
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<td>- Muscle Transfer: Mark E. Baratz, MD</td>
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<td>- Graft Reconstruction: Scott P. Steinmann, MD</td>
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<td>- Reverse TSA: Thomas W. Wright, MD</td>
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<td>6:00</td>
<td>How-to Video: Arthroscopic Transosseous Rotator Cuff Repair Mark D. Lazarus, MD</td>
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<td>6:10</td>
<td>Questions/Discussion</td>
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<td>6:30</td>
<td>Opening Reception 6:30 – 8:00 pm</td>
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**DAY 2 | MONDAY, FEBRUARY 8 | MORNING SESSION**

**Fracture/Dislocations** **Moderator: N. Lindsay Harris, MD**

<table>
<thead>
<tr>
<th>Time</th>
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<tr>
<td>6:00</td>
<td>Continental Breakfast</td>
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<tr>
<td>6:30</td>
<td>When and How to Fix the Displaced Mid-Shaft Clavicle Fracture Jesse B. Jupiter, MD</td>
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<td>6:40</td>
<td>Questions/Discussion</td>
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<tr>
<td>6:45</td>
<td>Grade III A-C Separation - To Fix or Not to Fix? That is the Question Benjamin Sears, MD</td>
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<td>6:55</td>
<td>Questions/Discussion</td>
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<tr>
<td>7:00</td>
<td>Strategies for ORIF of Displaced Proximal Humeral Fractures Mark D. Lazarus, MD</td>
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<td>7:10</td>
<td>Questions/Discussion</td>
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<tr>
<td>7:15</td>
<td>How-To Video: Direct Lateral Approach for ORIF of Proximal Humeral Fractures Tito J. Liotta, MD</td>
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<td>7:25</td>
<td>Questions/Discussion</td>
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<tr>
<td>7:30</td>
<td>Treatment of the Unrepairable Proximal Humeral Fracture</td>
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<td>- Hemiarthroplasty: Scott P. Steinmann, MD</td>
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<td>- Reverse: Thomas W. Wright, MD</td>
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<tr>
<td>7:50</td>
<td>Questions/Discussion</td>
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<tr>
<td>8:00</td>
<td>Reverse Shoulder for Proximal Humeral Fracture Thomas W. Wright, MD</td>
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<tr>
<td>8:15</td>
<td>Questions/Discussion</td>
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<tr>
<td>8:30</td>
<td>Therapy Breakout Session I: Shoulder Rehabilitation: Tricks of the Trade</td>
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<td>Speakers: Neal C. Chen, MD; Scott P. Steinmann, MD; Jason A. Suda, MS, OTR/L, CHT; Terri L. Wolfe, OTR/L, CHT</td>
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<tr>
<td>8:30</td>
<td>Bioskills Lab A – (not for CME) Skeletal Dynamics</td>
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<td>9:30</td>
<td>Recess</td>
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</tbody>
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**DAY 2 | MONDAY, FEBRUARY 8 | AFTERNOON SESSION**

**Symposium: Shoulder Free-for-All – Anything Goes!** **Moderator: Neal C. Chen, MD**

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<tr>
<td>4:00</td>
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<td>Moderator: Neal C. Chen, MD</td>
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<td>Panelists: N. Lindsay Harris, MD; Mark D. Lazarus, MD; Benjamin Sears, MD; Scott P. Steinmann, MD; Thomas W. Wright, MD</td>
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<tr>
<td>5:15</td>
<td>Therapy Breakout Session II: Shoulder Evaluation</td>
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<td></td>
<td>Speakers: Neal C. Chen, MD; Mark D. Lazarus, MD; Jason A. Suda, MS, OTR/L, CHT; Terri L. Wolfe, OTR/L, CHT</td>
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</tbody>
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**SCHEDULE IS SUBJECT TO CHANGE**

Please visit handfoundation.org for updates
DAY 3 | TUESDAY, FEBRUARY 9 | MORNING SESSION

The Athlete’s Elbow  
Moderator: Mark E. Baratz, MD

6:30 Continental Breakfast

7:00 Acute MCL in the Throwing Athlete  
Mark E. Baratz, MD

7:15 Chronic LUCL Wrestler  
Scott P. Steinmann, MD

7:30 OCD Lesion in a Gymnast  
Michael R. Hausman, MD

7:45 Ruptured Biceps in a Weightlifter  
Graham J. W. King, MD, FRCSC

8:00 Triceps Injury  
Kevin D. Plancher, MD

8:15 Therapy Breakout Session III: Elbow Anatomy Dissection

Speakers:  
Kevin D. Plancher, MD; Scott P. Steinmann, MD; Jason A. Suda, MS, OTR/L, CHT;  
Terri L. Wolfe, OTR/L, CHT

8:15 Bioskills Lab D – (not for CME) Skeletal Dynamics

9:15 Recess

DAY 3 | TUESDAY, FEBRUARY 9 | AFTERNOON SESSION

Elbow Fractures and Instability  
Jesse B. Jupiter; Douglas P. Hanel, MD

4:00 Severe Elbow Instability: The Need for Stability  
Jorge L. Orbay, MD

4:10 PANEL: Simple Elbow Fractures That Aren’t

Panelists:  
Julie Adams, MD; Michael R. Hausman, MD; Graham J. W. King, MD, FRCSC;  
Jorge L. Orbay, MD; Kevin D. Plancher, MD; Scott P. Steinmann, MD

5:15 Therapy Breakout Session IV: Elbow Rehabilitation (including splint lab)

Speakers:  
Julie Adams, MD; Michael R. Hausman, MD; Jason A. Suda, MS, OTR/L, CHT;  
Terri L. Wolfe, OTR/L, CHT

5:15 Bioskills Lab E – (not for CME) A. M. Surgical

7:00 Faculty dinner @ 7:00 pm – ALO HOUSE

DAY 4 | WEDNESDAY, FEBRUARY 10 | MORNING SESSION

Battle of The Titans  
Moderator: Scott P. Steinmann, MD

6:00 Continental Breakfast

6:30 Battle of The Titans  
Moderator: Scott P. Steinmann, MD

Team A – Julie Adams, MD; Mark E. Baratz, MD; Michael R. Hausman, MD;  
Graham J. W. King, MD, FRCSC

Team B – Douglas P. Hanel, MD; Jesse B. Jupiter, MD; Jorge L. Orbay, MD;  
A. Lee Osterman, MD; Kevin D. Plancher, MD

8:00 Therapy Breakout Session V: Pertinent Wrist Anatomy

Speakers:  
Daniel J. Nagle, MD; Jason A. Suda, MS, OTR/L, CHT; Scott W. Wolfe, MD;  
Terri L. Wolfe, OTR/L, CHT

8:00 Bioskills Lab F – (not for CME) Trimed, Inc.

9:00 Recess

DAY 4 | WEDNESDAY, FEBRUARY 10 | AFTERNOON SESSION

Distal Radius Fracture: From Simple to Complex-An Ombudsman Panel

Moderator: Jesse B. Jupiter, MD; A. Lee Osterman, MD

4:00 Distal Radius Fracture: From Simple to Complex-An Ombudsman Panel

Moderators:  
Jesse B. Jupiter, MD; A. Lee Osterman, MD

Case 1 – Daniel J. Nagle, MD

Case 2 – John S. Taras, MD
Case 3 – Douglas P. Hanel, MD
Case 4 – Jorge L. Orbay, MD
Case 5 – John D. Lubahn, MD
Case 6 – Amy L. Ladd, MD
Case 7 – Robert J. Medoff, MD
Case 8 – Mark E. Baratz, MD
Case 9 – T. Greg Sommerkamp, MD
Case 10 – Scott W. Wolfe, MD

5:30 Bioskills Lab G – (not for CME)) Check online for updated lab schedule

5:30 Therapy Breakout Session VI: Tendon Dissection, Repair and Rehabilitation
Speakers: Mark E. Baratz, MD; Jason A. Suda, MS, OTR/L, CHT; John S. Taras, MD; Terri L. Wolfe, OTR/L, CHT

DAY 5 | THURSDAY, FEBRUARY 11 | MORNING SESSION

Carpal Injury Revisited  Moderator: Mickey J. V. Gordon, MD

6:00 Continental Breakfast
6:30 Malunions of the Distal Radius – My Approach Jorge L. Orbay, MD
6:45 Chronic Scapholunate Instability: An Algorithm for Success Scott W. Wolfe, MD

7:00 Solving Carpal Injuries One Bone at a Time- An Ombudsman Panel
Moderators: Mark E. Baratz, MD; A. Lee Osterman, MD
Case 1 – Mark S. Rekant, MD
Case 2 – Amy L. Ladd, MD
Case 3 – T. Greg Sommerkamp, MD
Case 4 – Douglas P. Hanel, MD
Case 5 – Robert J. Medoff, MD
Case 6 – Jesse B. Jupiter, MD
Case 7 – Michael R. Hausman, MD
Case 8 – Daniel J. Nagle, MD
Case 9 – John D. Lubahn, MD
Case 10 – Julie Adams, MD

8:00 Therapy Breakout Session VII: Wrist Rehabilitation(including splint lab)
Speakers: Julie Adams, MD; Amy L. Ladd, MD; Jason A. Suda, MS, OTR/L CHT; Terri L. Wolfe, OTR/L, CHT

8:00 Bioskills Lab H – (not for CME) Skeletal Dynamics
9:00 Recess

DAY 5 | THURSDAY, FEBRUARY 11 | AFTERNOON SESSION

Ulnar Wrist Pain  Moderators: Daniel J. Nagle, MD; Mark S. Rekant, MD

4:00 Ulnar Wrist Pain
Moderators: Daniel J. Nagle, MD; Mark S. Rekant, MD
Case 1 – A. Lee Osterman, MD
Case 2 – Amy L. Ladd, MD
Case 3 – John S. Taras, MD
Case 4 – Douglas P. Hanel, MD
Case 5 – Mickey J. V. Gordon, MD

4:30 Four-Corner Arthrodesis: When and How I Do It Mark E. Baratz, MD
4:45 Proximal Row Carpectomy: No Corners is Better than Four Corners Mark S. Rekant, MD
5:00 Wrist Tendonitis 20/20: 20 Questions and 20 Answers A. Lee Osterman, MD
6:00 Closing Remarks
**Sponsored by** the University of Colorado School of Medicine Office of Continuing Education  

**Presented by** the Hand Rehabilitation Foundation  

- Implement and perform the varying surgical options for distal radius fractures  
- Evaluate the latest treatment strategies of bone, soft tissue and joint replacement in the upper extremity  
- Implement the most effective management of rotator cuff injuries and consider the options for treatment of them  
- Improve their knowledge of the clinical presentation, management and rehabilitation for common hand and arm fractures  
- Develop the surgical skills acquired and practiced during the meeting  

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Colorado School of Medicine and the Hand Rehabilitation Foundation. The University of Colorado School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.  

The University of Colorado School of Medicine designates this live activity for a maximum of 19.50 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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**REGISTRATION FORM**  
Reconstructive Surgery of the Shoulder, Elbow and Wrist  

**THE VICEROY HOTEL**  
**FEBRUARY 7 -11, 2016**  

**Name badge will appear exactly as entered below**

Name  
Degree/Credentials  
Address  
City/State/Zip  
Telephone  
E-Mail (required)  

Please indicate if you have any need for auxiliary aids or special assistance services.

**Title:**  
- Orthopaedic Surgeon  
- Plastic Surgeon  
- Hand Fellow  
- Resident  
- Allied Health Professional  

**Fee:**  
- Surgeon/Physician $995  
- Fellow/Resident $750  
- Allied Health Professional $750  
- Military $750  
- Virtual Syllabus  
  Watch for details about downloading the APP!  
  (There will be NO syllabus book)

**Payment by:**  
- Check Enclosed (Please make checks payable to Hand Rehabilitation Foundation)  
- Credit Card (MasterCard/Visa/Amex)  
  Name on Card  
  Credit Card Number  
  Security Code  
  Expiration Date  

Register online at: www.handfoundation.org  
or complete registration form and forward payment to:  

**HAND REHABILITATION FOUNDATION**  
700 S. Henderson Rd., Suite 100, King of Prussia, PA 19406  
Telephone 610.768.5958  Fax 610.768.8887  Questions? hrf@handfoundation.org  

Discounted lift tickets available for purchase onsite and throughout the conference from Hand Rehabilitation Foundation

For Hotel Accommodations, please contact The Viceroy Hotel  
Telephone: (970) 923-8000  
www.viceroyhotelsandresorts.com
Course Description

An up close and personal experience in the reconstruction and rehabilitation of the upper extremity from a world renowned faculty.

The course encompasses both acute fractures and secondary reconstruction. Clinical topics address and critically assess the latest clinical management of shoulder fractures, instability and replacement. Similarly, elbow topics range from complex trauma through contracture and other soft tissue problems to arthroplasty. The final two days emphasize the new developments in the treatment of distal radius fractures, including analysis and recognition of fracture patterns, optimization of fracture stability, options for fracture fixation, recognition and treatment of distal radioulnar joint injuries, treatment of associated carpal and soft tissue injuries. In addition, the course will cover prevention and treatment of complications as well as correction of malunions and both wrist and distal radioulnar joint arthroplasty. Didactic lectures, panel sessions, video surgery demonstrations and hands-on labs will provide the participant with the vital information to treat these problems.

Centrally located at the base of Snowmass Mountain and the Village Mall, The Viceroy Hotel is an incomparable vacation resort. Ski-in/ski-out with onsite equipment rental and ski valet, an all-season heated saline pool, terrace cabanas, signature lobby cocktail bar and lobby-side lounge, destination restaurant with stunning views, Nest lounge/café, health club, steam room and massage service, concierge, exemplary service and more all contribute to the total convenience you will experience when you stay at the Viceroy Hotel.

The Viceroy Hotel
130 Wood Rd., PO Box 6985
Snowmass Village, Colorado 81615
Reservations: (877) 235-7577
Guests/General Line: (970) 923-8000
Guest Fax: (970) 923-8001
reservations@viceroysnowmass.com
www.viceroyhotelsandresorts.com
Room Rate: $335.00

Transportation

Aspen’s Sardy Field (ASE) located just three miles from Aspen and eight miles from Snowmass Village, is the most conveniently located ski resort airport in the world. Up to 126 flights per week offer reliable, same day connections from points across the globe. The Viceroy Hotel supplies complimentary Aspen airport shuttle service; please call from the transportation services kiosk. Aspen airport is currently serviced by United Express, Northwest Jet Airlink and America West Express. Three airlines are offering direct service into Aspen/Snowmass. For flight information, please visit www.aspenairport.com.

RESERVATIONS MUST BE RECEIVED BY FRIDAY, JANUARY 22, 2016
Late fee after January 22, 2016 - $50.00
COURSE CHAIRMEN

Mark E. Baratz, MD
Professor and Vice-Chair, Department of Orthopaedic Surgery
Director, Hand and Upper Extremity Fellowship Program
University of Pittsburgh Medical Center, Pittsburgh, Pennsylvania

N. Lindsay Harris, MD
Fellowship Director of the Aspen Sports Medicine Foundation Fellowship Program
Denver, Colorado

Mark D. Lazarus, MD
Department of Orthopaedic Surgery, Thomas Jefferson University, Philadelphia, Pennsylvania

A. Lee Osterman, MD
Professor and Chairman Division of Hand Surgery
Department of Orthopaedic Surgery, Thomas Jefferson University, Philadelphia, Pennsylvania

FACULTY

Julie Adams, MD
Assistant Professor of Orthopaedics, Mayo Clinic College of Medicine
Rochester, Minnesota

Neal C. Chen, MD
Program Director, Hand Surgery Fellowship Program
Harvard Medical School, Boston, Massachusetts

Mickey J. V. Gordon, MD
Associate Professor, Director, Hand Surgery
University of Colorado at Denver Health Sciences Center, Denver, Colorado

Douglas P. Hanel, MD
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Lippman Professor Orthopaedic Surgery, Chief Hand and Elbow Surgery
Mt. Sinai Medical Center, New York, New York

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Graham J. W. King, MD, FRCS
University of Western Ontario, St. Joseph's Health Centre, London, Ontario

Amy L. Ladd, MD
Professor, Department of Orthopaedic Surgery, Stanford University, Palo Alto, California

Tito J. Liotta, MD
Orthopaedic Associates of Aspen and Glenwood, Aspen, Colorado

John D. Lubahn, MD
Orthopaedic Residency and Hand Fellow Program Director, University of Pittsburgh Medical Center, Erie, Pennsylvania

Robert J. Medoff, MD
Assistant Professor, Orthopaedic Surgery, University of Hawaii, Kailua, Hawaii

Daniel J. Nagle, MD
Professor of Clinical Orthopaedic Surgery at Northwestern Feinberg School of Medicine, Chicago, IL

Jorge L. Orbay, MD
Miami Hand Center, Miami, Florida

Kevin D. Plancher, MD
Clinical Professor of Orthopaedics, Albert Einstein College of Medicine
New York, New York

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Benjamin Sears, MD
Synergy Orthopedics, Westminster, Colorado

T. Greg Sommerkamp, MD
Clinical Instructor of Orthopaedic Surgery, University of Cincinnati, Edgewood, Kentucky

Scott P. Steinmann, MD
Professor of Orthopaedics, Mayo Clinic College of Medicine, Rochester, Minnesota

Jason A. Suda, MS, OTR/L, CHT
The Philadelphia Hand Center, PC
Philadelphia, Pennsylvania

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Scott W. Wolfe, MD
Professor, Department of Orthopaedic Surgery, Weill-Cornell Medical College, Hospital for Special Surgery, New York, New York

Terri L. Wolfe, OTR/L, CHT
Director, Hand and Upper Body Rehabilitation Center, Erie, Pennsylvania

Thomas W. Wright, MD
Director, Interdisciplinary Center for Musculoskeletal Training and Research, Hand, Upper Extremity and Microsurgery, University of Florida, Gainesville, Florida

David S. Zelouf, MD
Assistant Professor, Thomas Jefferson University School of Medicine, Philadelphia, Pennsylvania

SPACe iS liMiteD | REGISTER TODAY ONLINE REGISTRATION IS OPEN!
12TH ANNUAL
UPPER EXTREMITY TUTORIAL COURSE
February 7 -11, 2016
Snowmass, Colorado

Sponsored by:
University of Colorado School of Medicine
Office of Continuing Medical Education
This program is a part of the Colorado Statewide
Extended Campus. State funds were not used to
develop or administer this program

Presented by:
Hand Rehabilitation Foundation

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